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# M E N U

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**BREAKFAST ALL DAY LONG**

ALL EGG SANDWICHES COME WITH AMERICAN OR CHEDDAR CHEESE AND YOUR CHOICE OF HOUSE MADE BRIOCHE, CIABATTA OR SLICED BREAD

**EGG & CHEESE\* .....\$6.50**

**BACON, SMOKED HAM, OR SAUSAGE, EGG & CHEESE\* .....\$9.00**

**MORNINGSTAR FARMS PLANT BASED EGG & CHEESE\* .....\$9.00**

RACLETTE, BRIE, OR GOUDA .... **ADD \$2.00**

BAGEL OR CROISSANT ..... **ADD \$2.00**

**BAGEL & SMEAR.....\$4.50**

PLAIN, EVERYTHING, SESAME, JALAPENO CHEDDAR  
CHOICE OF CREAM CHEESE – PLAIN, JALAPENO CHIVE, CUCUMBER DILL

**BAGEL & LOX .....\$12.50**

CHOICE OF BAGEL & CREAM CHEESE, CATSMO SMOKED SALMON, TOMATO, RED ONION, CAPERS

**AVOCADO TOAST.....\$13.00**

SPICY MAPLE SYRUP, PICKLED RED ONIONS, HOUSE RICOTTA, MICRO SCALLION, SEED DUKKAH ON SOURDOUGH

**SALADS**

**COBB SALAD\* .....\$15.00**

TURKEY, APPLEWOOD SMOKED BACON, HARD BOILED EGG, AVOCADO, CRUMBLD DANISH BLUE CHEESE, CUCUMBER, HEIRLOOM CHERRY TOMATO, CHOPPED ROMAINE LETTUCE, HOUSE MADE RANCH

**GREEN SALAD .....\$10.00**

PICKLED RED ONION, CUCUMBER, TOMATO, APPLE CIDER VINAIGRETTE, MIXED GREENS

**BRUSSEL SPROUT SALAD .....\$13.00**

CRISPY BRUSSEL SPROUTS, SWEET ONION, HOUSE RICOTTA, BALSAMIC REDUCTION

**WINTER BEET SALAD .....\$13.00**

MIXED GREENS, BEETS, SPICED PEPITAS, HERBED GOAT CHEESE, CITRUS VINAIGRETTE

**KALE CAESAR .....\$14.00**

BABY KALE, WATERMELON RADISH, CANDIED WALNUT, CROUTONS, FRESH CRACKED PEPPER, SHAVED PARMESAN, HOUSE CAESAR

**SANDWICHES**

SERVED WITH CHIPS AND PICKLE

ADD SIDE SALAD OR BRUSSEL SPROUT SALAD.....**\$2.00**

ADD REGULAR FRIES.....**\$2.00**

ADD TRUFFLE FRIES .....**\$4.00**

**TURKEY CLUB\* .....\$14.00**

HOUSE ROASTED TURKEY, APPLEWOOD BACON, TOMATO, ARUGULA, CHIPOTLE AIOLI, CHOICE OF BREAD

**BLT.....\$13.50**

APPLEWOOD BACON, TOMATO, ARUGULA, HOUSE AIOLI, CHOICE OF BREAD

**PROSCIUTTO, APPLE AND FENNEL .....\$15.00**

TOMA CHEESE, SHAVED APPLE & FENNEL, ROASTED RED PEPPERS ON BAGUETTE

**ROAST BEEF\* .....\$15.50**

CHEDDAR, MAPLE CARAMELIZED ONIONS, ROAST RED PEPPERS, DIJONAISE ON CIABATTA

**MOROCCAN CHICKEN PANINI .....\$14.00**

HARISSA & PRESERVED LEMON AIOLI, BRIE, ARUGULA, PICKLED RED ONIONS ON SOURDOUGH

**CHICKPEA AND ORACLE MUSHROOM FALAFEL .....\$15.00**

TAHINI TOUM, ARUGULA, RED ONION, ROASTED RED PEPPER IN A PITA

**EGG SALAD SANDWICH\*.....\$12.00**

PICKLED RED ONION, MICRO SCALLION, CHOICE OF BREAD

**GRILLED 3 CHEESE .....\$13.00**

RACLETTE, GOUDA, BRIE, CHOICE OF BREAD

**SMASHBURGER .....\$16.00**

TWO GROUND BEEF PATTIES, LETTUCE, TOMATO, HOUSE PICKLES, AMERICAN CHEESE, SPECIAL SAUCE ON BRIOCHE

**SIDES**

**REGULAR FRIES SMALL .....\$4.00**

**REGULAR FRIES LARGE .....\$8.00**

**TRUFFLE FRIES SMALL.....\$6.00**

**TRUFFLE FRIES LARGE .....\$8.00**

**MIXED GREEN SALAD .....\$4.00**

**BRUSSEL SPROUT SALAD .....\$4.00**

**\*Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness**



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BAKERY & CAFE  
**WILSON'S**  
BY HIGH WATCH  
KENT • CT  
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Wilson's was founded by High Watch Recovery Center for two very important reasons.

From atop The Hill of Hope, High Watch has been a member of Kent, CT's vibrant community since 1939. We love Kent's rural character and our campus on Carter Road reflects that bucolic feel. Kent's downtown has come to be a wonderful destination for local residents and visitors to the Litchfield Hills and Wilson's is our opportunity to become a part of that.

We love the downtown Kent community, its residents, and business owners and we are proud to join them.

In addition, Wilson's is a vital component of recovery. While with us at High Watch, our guests gain the tools they need to live happy lives free of substances. Our guests are members of the High Watch family for life, and many of our alumni take advantage of the opportunity to work at Wilson's. While with us, alumni gain valuable work experience and learn to live free of addiction while supported by other employees who have lived through and are conquering the same challenges.

Wilson's is a life saver and everyone who enjoys our bakery items and craft menu help support them in their recovery.

