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M E N U
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BREAKFAST ALL DAY LONG

ALL EGG SANDWICHES COME WITH AMERICAN OR CHEDDAR CHEESE AND YOUR CHOICE OF HOUSE MADE BRIOCHE, CIABATTA OR SLICED BREAD

EGG & CHEESE \$5.50

BACON, SMOKED HAM, SAUSAGE, OR MORNINGSTAR FARMS PLANT BASED SAUSAGE..... 7.00

GRAFTON CHEDDAR..... **ADD \$2.00**
BEEMSTER GOUDA OR
CAMEMBERT

BAGEL OR CROISSANT **ADD \$2.00**

BAGEL & SMEAR..... \$4.50

PLAIN, EVERYTHING, SESAME,
JALAPENO CHEDDAR

CHOICE OF CREAM CHEESE - PLAIN,
JALAPENO CHIVE, CUCUMBER DILL

BAGEL & LOX \$11.00

CHOICE OF BAGEL & CREAM CHEESE,
CATSMO SMOKED SALMON, TOMATO,
RED ONION

AVOCADO TOAST..... \$11.00

OUR 12 GRAIN TOAST, SLICED AVOCADO,
PISTACHIO DUKKAH, HOUSE RICOTTA,
HOT HONEY, RADISH, MICRO SCALLION

SALADS

COBB SALAD \$14.00

TURKEY, APPLEWOOD SMOKED BACON,
HARD BOILED EGG, AVOCADO, CRUMBLER
DANISH BLUE CHEESE, CUCUMBER,
HEIRLOOM CHERRY TOMATO, CHOPPED
ROMAINE LETTUCE, HOUSE MADE RANCH

GREEN SALAD \$8.00

SHAVED RADISH, CUCUMBER, TOMATO,
APPLE CIDER VINAIGRETTE, MIXED
MESCLUN GREENS

BRUSSEL SPROUT SALAD \$10.00

CRISPY BRUSSEL SPROUTS, SWEET ONION,
HOUSE RICOTTA, BALSAMIC REDUCTION

MISO MARINATED PORTOBELLO CARPACCIO \$12.00

TOASTED PISTACHIO, LEMON ZEST,
ARUGULA, SWEET LEMON VINAIGRETTE

ROASTED SWEET POTATO & BABY KALE 14.00

CRISPY GREEN CHICKPEA, SICHUAN CHILI
CRISP, PISTACHIO DUKKAH

SANDWICHES

SERVED WITH CHIPS AND PICKLE

ADD SIDE SALAD OR BRUSSEL SPROUT SALAD.....**\$2.00**

TURKEY CLUB \$12.00

HOUSE ROASTED TURKEY, APPLEWOOD BACON, TOMATO,
ARUGULA, CHIPOTLE AIOLI ON CHOICE OF 12 GRAIN, WHITE
OR RYE

BLT..... \$10.00

APPLEWOOD BACON, TOMATO, SHAVED ROMAINE, HOUSE
AIOLI ON 12 GRAIN, WHITE OR RYE

HERB ROASTED CHICKEN PANINI \$13.00

ROASTED TOMATO AIOLI, BACON, CAMEMBERT,
ARUGULA; SOURDOUGH

PROSCIUTTO BAGUETTE..... \$14.00

FRESH MOZZARELLA, ROASTED RED PEPPER,
BASIL PISTOU, BAGUETTE

PRIME RIB..... \$15.00

HOUSE ROASTED PRIME RIB, CARAMELIZED ONION,
HORSERADISH CHEDDAR AIOLI, CIABATTA

PULLED PORK \$12.00

BLUEBERRY BBQ SAUCE, PICKLED NAPA CABBAGE SLAW,
BRIOCHE

SWEET POTATO & RED LENTIL KEBAB SANDWICH \$12.00

BAKED POTATO & LENTIL CAKE, SWEET & SPICY TOMATO JAM,
BABY SPINACH, BALSAMIC REDUCTION, FOCACCIA

EGG SALAD SANDWICH \$9.00

SHAVED RADISH, MICRO SCALLION, MULTIGRAIN TOAST

GRILLED 3 CHEESE \$12.00

GRAFTON AGED CHEDDAR, BEEMSTER GOUDA, CAMEMBERT
ON 12 GRAIN, WHITE OR RYE

WILSON'S
BY HIGH WATCH
KENT, CT

★
BAKERY & CAFE
WILSON'S
BY HIGH WATCH
KENT • CT
★

Wilson's was founded by High Watch Recovery Center for two very important reasons.

From atop The Hill of Hope, High Watch has been a member of Kent, CT's vibrant community since 1939. We love Kent's rural character and our campus on Carter Road reflects that bucolic feel. Kent's downtown has come to be a wonderful destination for local residents and visitors to the Litchfield Hills and Wilson's is our opportunity to become a part of that.

We love the downtown Kent community, its residents, and business owners and we are proud to join them.

In addition, Wilson's is a vital component of recovery. While with us at High Watch, our guests gain the tools they need to live happy lives free of substances. Our guests are members of the High Watch family for life, and many of our alumni take advantage of the opportunity to work at Wilson's. While with us, alumni gain valuable work experience and learn to live free of addiction while supported by other employees who have lived through and are conquering the same challenges.

Wilson's is a life saver and everyone who enjoys our bakery items and craft menu help support them in their recovery.

