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MENU

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BREAKFAST ALL DAY LONG

ALL EGG SANDWISHES COME WITH AMERICAN OR CHEDDAR CHEESE AND YOUR CHOICE OF HOUSE MADE BRIOCHE, CIABATTA OR SLICED BREAD

EGG & CHEESE \$5.50

BACON, SMOKED HAM, SAUSAGE, OR MORNINGSTAR FARMS PLANT BASED SAUSAGE .. 7.00

ARETHUSA CHEESE..... **ADD \$2.00**
BELLA BANTAM, TAPPING REEVE, CAMEMBERT

BAGEL OR CROISSANT **ADD \$2.00**

BAGEL & SMEAR \$4.50

PLAIN, EVERYTHING, SESAME, JALAPENO CHEDDAR

CHOICE OF CREAM CHEESE – PLAIN, JALAPENO CHIVE, CUCUMBER DILL

BAGEL & LOX \$11.00

CHOICE OF BAGEL & CREAM CHEESE, CATSMO SMOKED SALMON, TOMATO, RED ONION

AVOCADO TOAST \$11.00

OUR 12 GRAIN TOAST, SLICED AVOCADO, PISTACHIO DUKKAH, HOUSE RICOTTA, HOT HONEY, RADISH, MICRO SCALLION

SALADS

COBB SALAD \$14.00

TURKEY, APPLEWOOD SMOKED BACON, HARD BOILED EGG, AVOCADO, CRUMBLLED DANISH BLUE CHEESE, CUCUMBER, HEIRLOOM CHERRY TOMATO, CHOPPED ROMAINE LETTUCE, HOUSE MADE RANCH

GREEN SALAD \$8.00

SHAVED RADISH, CUCUMBER, TOMATO, APPLE CIDER VINAIGRETTE, MIXED MESCLUN GREENS

BRUSSEL SPROUT SALAD..... \$10.00

CRISPY BRUSSEL SPROUTS, SWEET ONION, HOUSE RICOTTA, BALSAMIC REDUCTION

FRIED EGGPLANT SALAD \$12.00

SWEET & SPICY TOMATO JAM, FETA, BALSAMIC REDUCTION, EVOO, MESCLUN

ROASTED SWEET POTATO & BABY KALE 14.00

CRISPY GREEN CHICKPEA, CHILI CRISP, PISTACHIO DUKKAH, MAPLE TAHINI VINAIGRETTE

SANDWICHES

SERVED WITH CHIPS AND PICKLE

ADD SIDE SALAD OR BRUSSEL SPROUT SALAD **\$2.00**

TURKEY CLUB..... \$12.00

HOUSE ROASTED TURKEY, APPLEWOOD BACON, TOMATO, ARUGULA, CHIPOTLE AIOLI ON CHOICE OF 12 GRAIN, WHITE OR RYE

BLT \$10.00

APPLEWOOD BACON, TOMATO, SHAVED ROMAINE, HOUSE AIOLI ON 12 GRAIN, WHITE OR RYE

HERB ROASTED CHICKEN PANINI \$13.00

SUNDRIED TOMATO AIOLI, BACON, ARETHUSA CAMEMBERT, ARUGULA, ROSEMARY SOURDOUGH

SERRANO HAM BAGUETTE \$14.00

MANCHEGO, APPLE, HOT HONEY DIJON, BAGUETTE

PRIME RIB \$14.00

HOUSE ROASTED PRIME RIB, CARAMELIZED ONION, HORSERADISH CHEDDAR AIOLI, CIABATTA

OPEN FACED PORK BELLY CHASHU \$13.00

PICKLED VEGETABLE, KIMCHI, BRAISING JUS, BAGUETTE

FRIED EGGPLANT SANDWICH \$12.00

SWEET & SPICY TOMATO JAM, TAPPING REEVE, SPINACH, BALSAMIC REDUCTION, CIABATTA

EGG SALAD SANDWICH..... \$7.00

SHAVED RADISH, MICRO SCALLION, MULTIGRAIN TOAST

ARETHUSA GRILLED 3 CHEESE \$11.00

CAMEMBERT, TAPPING REEVE, BELLA BANTAM ON 12 GRAIN, WHITE OR RYE

WILSON'S
BY HIGH WATCH
KENT, CT

★
BAKERY & CAFE
WILSON'S
BY HIGH WATCH
KENT • CT
★

Wilson's was founded by High Watch Recovery Center for two very important reasons.

From atop The Hill of Hope, High Watch has been a member of Kent, CT's vibrant community since 1939. We love Kent's rural character and our campus on Carter Road reflects that bucolic feel. Kent's downtown has come to be a wonderful destination for local residents and visitors to the Litchfield Hills and Wilson's is our opportunity to become a part of that.

We love the downtown Kent community, its residents, and business owners and we are proud to join them.

In addition, Wilson's is a vital component of recovery. While with us at High Watch, our guests gain the tools they need to live happy lives free of substances. Our guests are members of the High Watch family for life, and many of our alumni take advantage of the opportunity to work at Wilson's. While with us, alumni gain valuable work experience and learn to live free of addiction while supported by other employees who have lived through and are conquering the same challenges.

Wilson's is a life saver and everyone who enjoys our bakery items and craft menu help support them in their recovery.

